

Claims

1. A glucagon-like peptide-1 secretagogue, comprising κ -casein as an active ingredient, wherein the glucagon-like peptide-1 secretagogue is a medical composition. κ -casein for use in promoting glucagon-like peptide-1 secretion.

2. κ -casein for use in inhibiting postprandial rise in blood glucose. An inhibitor of postprandial rise in blood glucose, comprising κ -casein as an active ingredient for use in a method for the prevention or treatment of diabetes.

3. κ -casein according to claim 1 or 2 for use in the prevention or the treatment of diabetes.

4. κ -casein according to any one of claims 1 to 3, wherein the κ -casein is purified from raw milk, skim milk, casein, sodium caseinate, or acid casein.

5. κ -casein according to any one of claims 1 to 4, wherein a purity of the κ -casein is 60% by mass or more.